

January



ACADEMIR



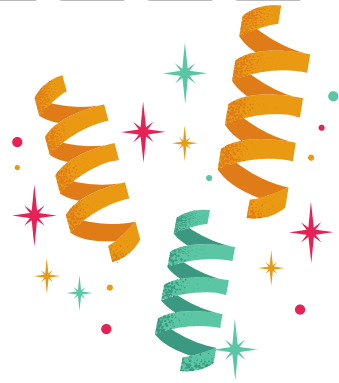
Monday

Tuesday

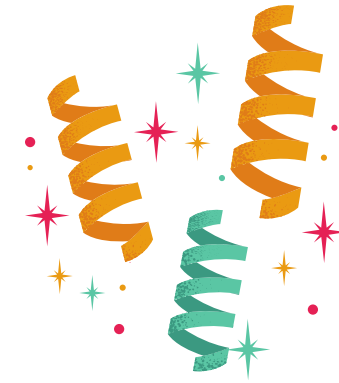
Wednesday

Thursday

Friday



happy New Year



BREAKFAST: Pears
Cereal and Milk

LUNCH: Chicken Ropa Vieja
Taco Tortilla
Black Beans
Corn
Mandarin Orange and Milk

SNACK: Goldfish Crackers and Juice

06

BREAKFAST: Peaches
Pancake w/ syrup
and Milk

LUNCH: Mac & Cheese
Steam Carrots
Peaches
Milk

SNACK: Chocolate Chip Cookie and Juice

07

BREAKFAST: Banana and Juice
Biscuit
Milk

LUNCH: Chicken Nuggets w/ ketchup
Brown Rice
Green Peas
Tropical Fruit and Milk

SNACK: Cheez-it and Juice

08

BREAKFAST: Pears
WG Waffle w/ syrup
Milk

LUNCH: Arroz con Pollo Criollo w/ Corn
Mixed Vegetables
Bread Roll
Mandarin Orange and Milk

SNACK: Chocolate Chip Banana Bread and Juice

09

BREAKFAST: Red Apple
Scrambled Egg
Sliced Bread
Milk

LUNCH: Pizza
Mixed Green Salad w/ Dressing
Pears and Milk

SNACK: Funfetti Bread and Juice

10

BREAKFAST: Pears
Cereal And Milk

LUNCH: Chicken Patty-
Brown Rice
Corn
Steam Carrots
Tropical Fruit and Milk

SNACK: Pretzel and Juice

13

BREAKFAST: Red Apple
Blueberry Muffin
Milk

LUNCH: Special Turkey Taco
Corn
Refried Beans
Peaches and Milk

SNACK: Oatmeal Cookie and Juice

14

BREAKFAST: Banana and Juice
Boiled Egg
Biscuit
Milk

LUNCH: Beefaroni
Peas and Carrots
Bread Roll
Pears and Milk

SNACK: Graham Crackers and Juice

15

BREAKFAST: Pears
Banana Bread
Milk

LUNCH: Honey Chicken
Brown Rice
Mixed Vegetables
Peaches and Milk

SNACK: Lays Chips and Juice

16

TEACHER PLANNING DAY

17



January



ACADEMIR



Monday

Tuesday

Wednesday

Thursday

Friday



20

BREAKFAST:

Pears
Cereal
Milk

21

LUNCH:

Cheeseburger w/ ketchup and Mayo
Hamburger Bun
Sliced Carrots
Peaches and Milk

SNACK:

Cheez-it Crackers and Juice

BREAKFAST:

Red Apple
Bagel w/ cream cheese
Milk

22

LUNCH:

Corn Dog
Green Peas
Corn

SNACK:

Mandarin Orange and Milk
Blueberry Bread and Juice

BREAKFAST:

Cinnamon Apple
Pancake w/ syrup
Milk

23

LUNCH:

Maccaroni & Cheese
Steam Carrots
Pears and Milk

SNACK:

Animal Crackers and Juice

BREAKFAST:

Peaches
Chocolate Bread
Milk

24

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Pears and Milk

SNACK:

Chips and Juice

BREAKFAST:

Pears
Cereal and Milk

27

LUNCH:

Chicken Ropa Vieja on a Taco
Corn
Refried Beans
Mandarin Orange and Milk

SNACK:

Oatmeal Cookie and Juice

BREAKFAST:

Peaches
Funfetti Bread
and Milk

28

LUNCH:

Chicken Nuggets w/ ketchup
Brown Rice
Peas & Carrots
Peaches and Milk

SNACK:

Pretzels and Juice

BREAKFAST:

Red Apple
Scrambled Egg
Sliced Bread and Milk

29

LUNCH:

Chicken Patty
Brown Rice
Carrots
Corn
Pears and Milk

SNACK:

Chocolate Chip Banana Bread and Juice

BREAKFAST:

Mandarin Orange
Banana Bread
And Milk

30

LUNCH:

Oriental Fried Rice
Mixed Vegetables
Peaches and Milk

SNACK:

Lays and Juice

BREAKFAST:

Red Apple
English Muffin w/ butter
And Milk

31

LUNCH:

Pizza
Mixed Green Salad w/ Ranch
Pears and Milk

SNACK:

Graham Crackers and Juice

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