



JANUARY

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST: Fruit & Juice Cereal Milk	BREAKFAST: Fruit & Juice Bagel w/ cream cheese and Milk	BREAKFAST: Fruit & Juice Biscuit w/ jelly Milk	BREAKFAST: Fruit & Juice Pancake w/ syrup Milk	BREAKFAST: Fruit & Juice Scrambled Egg Sliced Bread Milk	BREAKFAST: Fruit & Juice Scrambled Egg Sliced Bread Milk
LUNCH: Ropa Vieja e Pollo Flour Tortilla Refried Beans Corn Fruit Milk	LUNCH: Arroz Con Pollo Criollo w/ Corn Broccoli Fruit Milk	LUNCH: Empanada Moro Rice Mixed Green Salad w/ Dressing Fruit and Milk	LUNCH: Our Famous Meatballs Marinara Sun Bun Corn Fruit and Milk	LUNCH: Pizza Steam Carrots Fruit and Milk	LUNCH: Pizza Steam Carrots Fruit and Milk
SNACK Honey Oat Crackers and Yogurt	SNACK: Cheez-it and Juice	SNACK: President Crackers and Cheese String	SNACK: Chips and Juice	SNACK: Trix Cereal and Milk	
BREAKFAST: Fruit & Juice Cereal And Milk	BREAKFAST: Fruit & Juice Cinnamon Bread w/ Butter Milk	BREAKFAST: Fruit & Juice Pancake w/ syrup Milk	BREAKFAST: Fruit & Juice Cheese Slice English Muffin w/ butter Milk	BREAKFAST: Fruit & Juice Cold Broccoli w/ Dressing Garlic Bread Fruit and Milk	16 Teacher Planning Day
LUNCH: Chicken Parmesan Sandwich w/ Sliced Bun Steam Carrots Fruit and Milk	LUNCH: Special Turkey Taco Nacho Chips Refried Beans Lettuce Fruit and Milk	LUNCH: Beefaroni Cold Broccoli w/ Dressing Garlic Bread Fruit and Milk	LUNCH: Chicken Tender & Roll Salad w/dressing Steamed Baby Carrots Fruit and Milk	SNACK: Pretzel and Cubed Cheese	
SNACK: Pizza Bites and Apple Slice Pack	SNACK: Teddy Graham Crackers and Juice		SNACK: Goldfish Crackers and Juice		





JANUARY

Monday



19

BREAKFAST:
Fruit & Juice
Cereal
Milk

LUNCH:
Cheeseburger w/ ketchup
Hamburger Bun
Sliced Carrots
Fruit and Milk

SNACK:
Scooby Doo Crackers and Juice

Tuesday

20

BREAKFAST:
Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:
Lasagna in Bolognese sauce
Broccoli
Corn
Garlic Bread
Fruit and Milk

SNACK:
Crackers & Cubed Cheese

Wednesday

21

BREAKFAST:
Fruit & Juice
Sliced Bread
Scrambled Egg and Milk

LUNCH:
Meat Balls in Marinara
Brown Rice
Peas and Carrots
Fruit and Milk

SNACK:
Churro Crackers and Yogurt

Thursday

22

BREAKFAST:
Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:
Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

SNACK:
Chips and Juice

Friday

23

BREAKFAST:
Fruit & Juice
Cereal
Milk

LUNCH:
Chicken Nuggets w/ ketchup
Brown Rice
Steamed Carrots
Fruit and Milk

SNACK:
Mozzarella Bread Stick

26

BREAKFAST:
Fruit & Juice
Biscuit w/butter & jelly
Milk

LUNCH:
Mac & Cheese
Mixed Green Salad w/ Dressing
Fruit
Milk

SNACK:
Pretzels and Juice

27

BREAKFAST:
Fruit & Juice
Frittata
Sliced Bread
Milk

LUNCH:
Roasted Chicken
Brown Rice
Red Beans
Steamed Carrots
Fruit & Milk

SNACK:
Goldfish Crackers and Apple

28

BREAKFAST:
Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:
Cheeseburger
Bun
Mixed Vegetables
Fruit and Milk

SNACK:
Chips and Juice

29

BREAKFAST:
Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:
Pizza
Corn
Fruit and Milk

SNACK:
Veggie Crackers and Yogurt

30

